

Table 2 The contents of bioactive constituents in different types of white tea

Bioactive compounds	Content by weight (%)				
	Overall	Silver needle	White peony	Tribute eyebrow	Longevity eyebrow
Phenolic acids					
Gallic acid	0.21 – 0.35	0.12 – 0.44	0.20 – 0.50	0.22	0.17 – 0.35
Ellagic acid	0.23 – 0.24	-	0.17 – 0.35	-	-
Catechins					
(+)-catechin	0.10 – 0.62	0.53	0.30 – 0.50	-	0.39
(-)-epicatechin	0.05 – 1.10	0.22 – 0.30	0.15 – 0.28	-	<0.05 – 0.11
(-)-epigallocatechin	0.05 – 2.6	0.16 – 0.31	0.25 – 0.81	0.84	0.05 – 0.70
(- -)-epigallocatechin gallate	0.21 – 9.5	5.8 – 6.7	3.2 – 6.4	0.06	0.56 – 3.0
(-)-epicatechin gallate	0.27 – 1.4	2.2 – 2.8	1.2 – 1.9	0.31	0.44 – 1.7
Total catechins	1.3 – 17	8.5 – 9.8	4.4 – 9.2	-	1.2 – 4.6
Total polyphenols	8.5 – 76	16 – 18	12 – 16	-	7 – 13
Amino acids					
L-theanine	0.01 – 1.2	0.83 – 1.27	0.47 – 1.5	-	<0.01 – 0.67
γ -aminobutyric acid	0.011 – 0.17	-	0.006 – 0.008	-	-
Total amino acids	1.1 – 3.8	-	2.8 – 3.4	-	0.15 – 1.5
Metilxanthines					
Theobromine	0.05 – 0.09	0.04 – 0.15	0.04 – 0.08	-	0.06 – 0.13
Caffeine	1.9 – 5.7	4.5 – 4.9	3.6 – 4.6	2.7	2.2 – 3.8
Reference	Hilal and Engelhardt 2007; Horanni, 2013; Yan et al., 2020 Tan et al., 2017; Bortolini et al., 2021	Tan et al., 2017; Yan et al., 2020 Ma et al., 2022	Tang et al., 2019	Ning et al., 2016; Tan et al., 2017; Yan et al., 2020	